

# Q1 REPORT 24-25

## 1 WE FOUND OUT MORE ABOUT THE CAUSES OF GUESTS' HOMELESSNESS

This year we are collecting new data on causes of homelessness for each guest, allowing us to better understand trends in root causes and seek new ways to address those strategically.

## 2 WE'RE TAKING ON MORE ONE TO ONE CASES THAN EVER BEFORE

In the first quarter of 24-25 we took on 33 new cases and had a total of 64 active cases (including those who started last year).

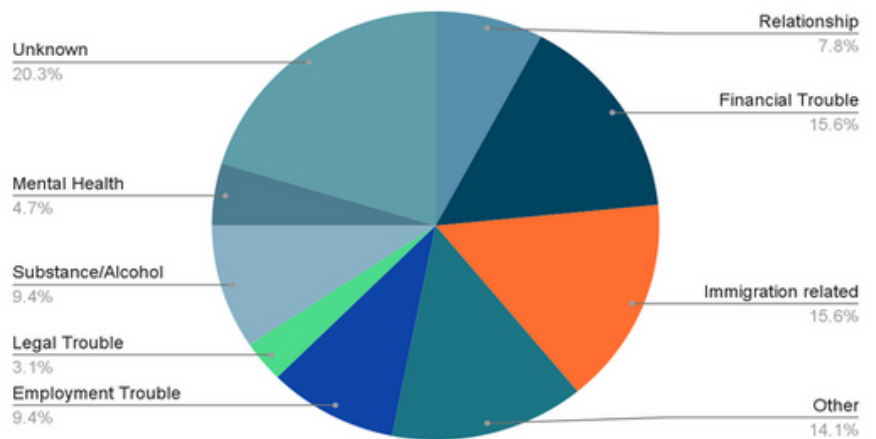
## 3 WE STARTED A NEW PROGRAMME - REPRESENT

It's a general election year, with a mayoral election as a starter early on. With this in mind, we launched a new programme focused on empowering guests to register to vote as well as continuing to exercise their democratic rights by contacting their MPs and advocating for themselves at councils.

### HOW ARE OUR GUESTS DOING?

This quarter, we started collecting data on the probable cause of homelessness for each person we started casework with. This helps us to better understand causes we need to focus on addressing and will allow us to track trends and changes over time. This both allows us to alter the kind of support we offer directly to guests, and to provide information to MPs and local councils about what the root causes seem to be at any given time, seeking systemic change.

Probable cause of homelessness



Those that are 'unknown' represent active cases that were started last year (before this data collection came in).

“ BEFORE YOU EXERCISE YOU FEEL A WEIGHT ON YOUR SHOULDERS AND ONCE YOU DO SOMETHING YOU FEEL THAT LIFTED. ”

The words of one guest who enjoyed the Winter boxing programme

### SPOTLIGHT ON WELLBEING

During the colder months, our Restore wellbeing programme included weekly boxing skills sessions for men with a trauma informed coach. It offered a warm space for men to connect with the here and now through physical exercise, and to channel any aggression into learning a new set of skills.

Moving into Spring and Summer, weekly football at the pitches in Hyde Park replaces boxing and we're looking for corporate sponsorship of a guest designed Restart Lives kit.